May 2026 Tunisia Retreat





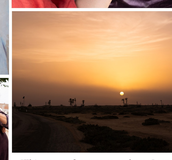




"This opened me up to saying yes to experiences that my mind would say no to."











"This was my first retreat, and now I can never go to another one because you've set the bar too high."



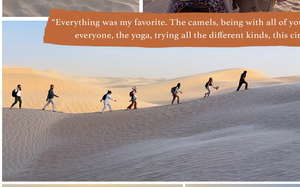


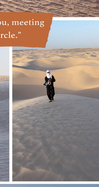


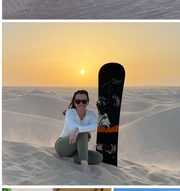


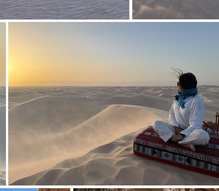


"Everything was my favorite. The camels, being with all of you, meeting everyone, the yoga, trying all the different kinds, this circle."















"Favorite things? Every moment. Mindfulness, not only yoga and pranayama but talking with all of you."

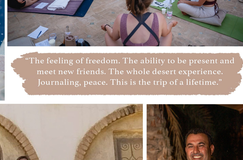












"The feeling of freedom. The ability to be present and meet new friends. The whole desert experience. Journaling, peace. This is the trip of a lifetime."





"Peace. I felt so totally relaxed I lost the sense of time."





