Travel Info & FAQs

How to arrive:
Conveniently, you can fly straight into
Djerba and out of Tozeur.
(Djerba-Zarzis International Airport and
Tozeur-Nefta International Airport, respectively.)

If you want to explore a little more of Tunisia before or after the retreat, you could book your main flight to or from Tunis, spend a few days visiting places like Sidi Bou Said and Carthage, and take a domestic flight to/from Tunis to Djerba/Tozeur.

Will I need a visa?
Citizens from 95 countries do not need a visa for short term visits to Tunisia (hurrah!) including the US, Canada, the UK, most European countries, and many more.

What's the weather like?
Djerba: Warm and pleasant with lots of sunshine. Average highs are around 26°C (79°F) and average lows around 16°C (61°F).
Tozeur: It's the desert, so it's hotter during the day. Average highs are around 34°C (93°F) with average lows around 21°C (70°F). Again, lots of sunshine.

Can special dietary requirements like vegan, vegetarian and gluten-free be accommodated? Yes! Just let me know in advance.

A heads up:
You'll need to bring your own yoga mat for this retreat. Tunisia isn't a common destination for yoga retreats, and the venues don't have mats available. If this will be an issue, let me know and we can find a solution.

What style/level of yoga do you teach?
Mostly vinyasa flow in the mornings, and a soothing hatha or yin in the evenings. After you decide to register, I'll ask about your yoga experience and preferences, and whether you have any injuries. I tailor the classes to who is there and provide options for different levels. Yoga includes a wide variety of styles, and its ability to be customized is one of my favorite things about it!